



BLTC Coaching Programme Spring/Summer 2010



Resident Coach: Trevor Kotchie

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Website www.bracknelltennis.com

Below is Bracknell Lawn Tennis Club's outline coaching programme. If you have any queries or questions, please get in touch (contact details on 1st page) with our resident coach, Trevor Kotchie. Otherwise, please refer back to our website or contact us for programmes planned later on this year.

Junior Coaching:

Many groups are available, we start them from 4 years. All players up to the age of 10 years use specialised equipment to cater for their size and ability (racket supplied if required). Mini Tennis is the LTA scheme which we use please look at www.minitennis.com for further information.

From 10-18 years we have a full coaching programme and have teams in various age categories playing in the Berkshire league.

Junior Coaching Programme:

Monday 4-6:30pm	Coaching various age/ability groups
Wednesday 4-6:30pm	Coaching various age/ability groups
Thursday 3:45-6:30pm	Coaching various age/ability groups
Friday 4:30-7:30pm	Coaching various age/ability groups
Saturday 9:15-12md + 2-3pm	Coaching various age/ability groups

N.B. All group coaching is run in line with local school term structure. A typical course is 6 weeks in duration and payment is required in advance of commencement.

Individual lessons are available for all standards please contact Trevor Kotchie on 07703 256922 for further information with regards coaching.

Adult /Seniors Coaching:

There are several groups available each week for all standards all equipment is provided including racket if required.

Senior Coaching Programme:

Monday 8:30-9:30pm	Adult Mixed Improvers
Thursday 7:30-8:30pm	Adult Men's Intermediate
Saturday 4-5pm	Adult Mixed Beginners/Improvers

Individual lessons are available for all standards please contact Trevor Kotchie, Club Coach, on 07703 256922 for further information with regards coaching.

